



## *French Fries?*

Americans have always loved to eat these long, thin pieces of fried potatoes they call *French fries*, *fries*, or *French-fried potatoes*.



But why do Americans call them *French fries*?

Well, it's not certain, but some people think it's because of a letter written by U.S. President Thomas Jefferson in the early 1800s. He wrote that he liked to eat the long, thin pieces of fried potatoes prepared by his *French* chef.

French fries have always been popular in American cooking, and there are lots of different ways to prepare and eat them.

For example, you know what curly hair is, but have you ever heard of curly fries?

Curly fries are fries that people make with a special spiral knife. In the U.S., you can find curly fries on the menu at diners and fast-food restaurants like Arby's<sup>®</sup> and Hardee's<sup>®</sup>.



Remember, French fries are yummy, but they're also fattening and not very good for your health. You should only eat them for an occasional snack.