

TALKING ABOUT PERIODS OF TIME USING *FROM . . . TO* AND *FROM . . . THROUGH*

Look at these sentences:

Don is usually at the health club
from 7 to 10. → HOURS

Tina works **from Monday to/through**
Saturday. → DAYS

It's cold in Ohio **from** November
to/through March. → MONTHS

Mary was living in Korea **from** 1987
to/through 1993. → YEARS



- Use **from . . . to** with *hours*.
- Use **from . . . to** or **from . . . through** with *days*, *months* or *years*.

Now look at another example:

