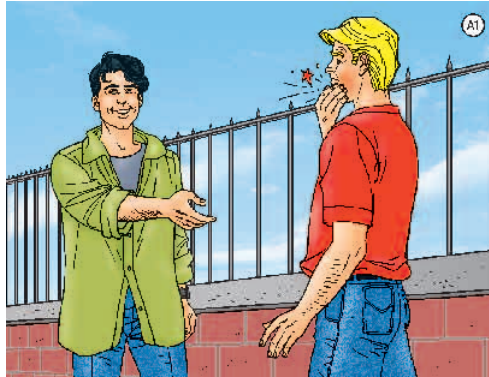


PRACTICING PHRASAL VERBS

We've seen a situation in which a young man was in pain because he had had his wisdom tooth pulled. Now we're going to see this young man and a friend of his in another situation.

Take a look at this picture:



The dark-haired man is **holding out** his hand.

Remember this:



When you **hold out** your hand, you stretch it out in front of you, usually in order to take something from someone or to shake hands with the person.

Take a look at some more examples with **hold out**.

John **held out** his hand and took the money.

She **held out** her hand when she saw her old friend.

Bob **held out** his hand, and I gave him the phone.

Now the dark-haired man notices that his friend isn't feeling very well. He's been in a similar situation, so he knows why his friend is feeling that way.



He knows what his friend is **going through**.

Remember this:



If you **go through** something such as an event or a period of time, especially an unpleasant one, you experience it.

Here are other examples with **go through**.

If you take this job, you'll have to **go through** a long period of training.

Paul's **going through** a very difficult time in his life now.

Now let's go back to one of our previous books in which **go through** was used in a different sense.



The woman is **going through** her drawers.

Remember that when you **go through** a lot of things such as papers or clothes, you look at all of them, hoping to find the particular item you want.